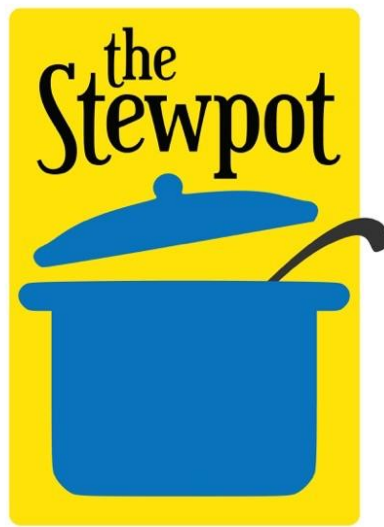


From: Frith Charlie chfrith39@gmail.com
Subject: Re: Little Rock Stewpot June 2017 Newsletter
Date: May 19, 2017 at 1:59 PM
To: Frith charles chfrith39@gmail.com

FC



Feeding all who enter.

Stewpot Newsletter June, 2017

Stewpot Officers - 2017

Chairperson - Charlie Frith
Vice Chairperson - Mary Jane Cheatham
Secretary - Ellen Russell
Treasurer - Roberta Saxon

Stewpot Committees - 2017

Volunteer Chairperson - Jan Van Ness

Special Events - Kay Shurgar
Manager - Nancy Rorex
Day Manager - Ed Brown
Communications - Charlie Frith

The Stewpot Has a New Logo

Check out the new Stewpot logo above. Jann Greenland, a graphic designer (Greenland Creative, Inc.) and also a member of Westover Hills Presbyterian Church and a good friend of Charlie Frith, created the new logo. Thank you, Jann!!!



Today March 21st was Pulaski Heights Presbyterian Day at Stewpot (3rd Tuesday of every month). At the volunteer dinner meeting, it was suggested that we don't always have to follow the menus that are provided for the teams. Today we added rice and ham to the beans that were left over from 3rd Monday's team. We always like to do an extra roster of a vegetable, this

team. we always like to do an extra roaster of a vegetable, this time we did greens and added ham instead of the pork meat (like you would put on pizzas). For the main course, Ed told us that he had vegetable soup and some taco chicken meat that needed to be used up. We did 3 roasters. In each roaster we did 5 cans of the vegetable soup, 1 & 1/3 package of the chicken taco, added 3 small cans of corn, divided a #10 can of carrots into 3rds, and a #10 can of potatoes into 3rds. We also put out chips in bowls for the diners, and Ed had made rice so we put some in bowls. This gave our diners another choice. Our diners lapped it all up like there was no tomorrow. We did not run out of our concoction, but we came close (we ran out of the chips, rice, greens, & left over beans).

I just wanted to point out that we loved cooking something different besides the same old Tuesday menu. Also next month, with Ed's permission, we are going to feed our diners potato soup. Not sure what else, yet, but we will figure this out.

Jane Anne Spikes, Secretary
Pulaski Heights Presbyterian Church

Stewpot Would Like to Clone Matt Davis

Most Stewpot teams cook their meals from cans. Matt Davis does the cooking on the Second Tuesday of each month and does things a little differently. He does all of the cooking and makes chicken and dumplings. He brings three whole smoked chickens with him and bones out the chickens to use in the dumplings. When I (Charlie Frith) visited the Stewpot on the second Tuesday, he had also made pork and beans and used both smoked beef and turkey bones to flavor the beans. The good smell from the beans made me want to stay for lunch. Matt uses a Big Green Egg to smoke the chickens at home. He smokes them slowly for about 5 hours, and the meat literally falls off of the bones. Team members include Roberta Saxon, Susie Johnston, Johnnv Johnston, Sherry Jovce, Bo

Clinton, Ken Geller, Barbara Polite, and of course Matt Davis. Matt loves his team and the Team loves Matt.



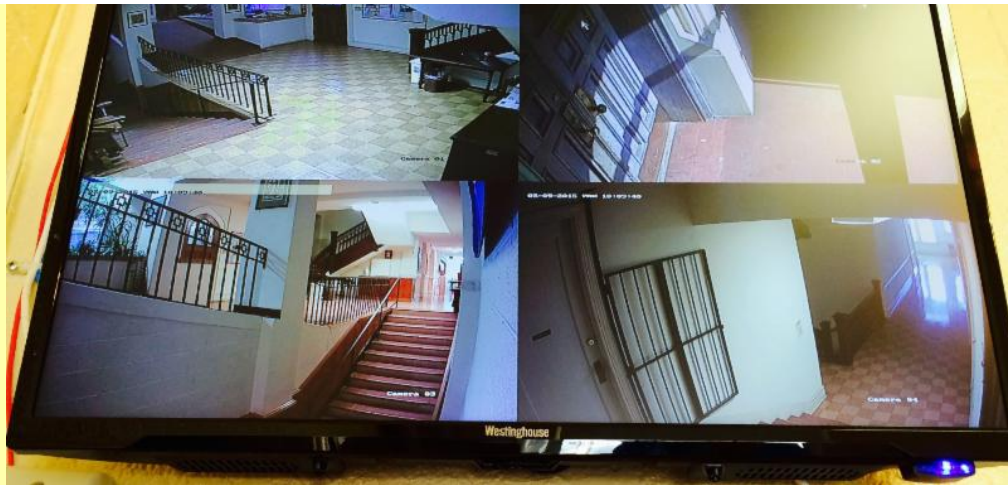
Big Green Egg Used to Smoke Chickens



Matt Makes Chicken & Dumplings and Barbecue Beans

When the Buzzer Rings

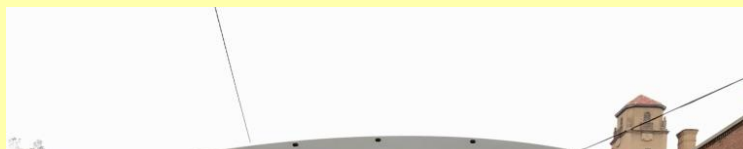




If you are in the kitchen area and someone rings the buzzer, look closely before you let them in. Kay Shurgar recently let in a man who was looking for the office to ask for money. She assumed he was "legit"! Big mistake! Thanks to Scott for intercepting him. The consensus of the Board is that when Janie isn't in the office, volunteers should wave at the camera to let those upstairs know they're with Stewpot. Janie is in the office on Monday, Wednesdays and Thursdays from 9:00 am - 1:00 pm, and an individual from the church is in the office on Fridays from 9:00 am - 1:00 pm.

Shoes for Stewpot

The Stewpot received shoes for the Clothes Closet from Fleet Feet Easy Runner in the Pleasant Ridge Shopping Center and Go Running! in the Heights.





Ken and Charlie Unload the Shoes

Stewpot Representatives Visit Pulaski Heights Presbyterian Church

Nancy Rorex, Manager of Stewpot, and Charlie Frith, Chairman of the Stewpot Board, visited Pulaski Heights Presbyterian Church to talk about the Stewpot on Sunday, April 30. Following the church service some of the members of the church cooked a delicious catfish lunch with all of the trimmings. Following the lunch, Nancy talked about the Stewpot and Charlie showed a short video about the Stewpot.





Charlie Frith, Jane Anne Spikes, Secretary of the Church, Nancy Rorex and Ruskin Falls, Minister of the Church

Lyric Rogers Helps Stewpot

Lyric Rogers attends Westover Hills Presbyterian Church. She recently celebrated her 9th birthday. For her party, she asked all of her guests to bring socks and underwear for the Stewpot. Lyric, along with her mother Deanine, brought the socks and underwear to the Stewpot on Wednesday, May 3. She decided to stay and help serve at Stewpot. She helped dish up banana pudding and also helped her mother serve nachos and cheese dip. Thank you Lyric.



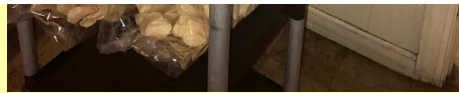


Lyric and Her Mother



Lots of Socks and Underwear





Lyric Dishes up Banana Pudding & Nachos

Pizza in the Rain

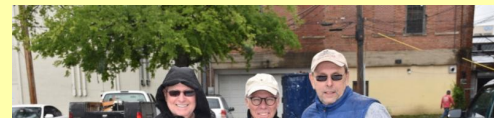
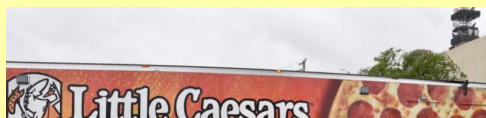
Rain did not stop the Stewpot patrons from eating pizza on Thursday, May 4. The Caesar's Love Truck pulled up into the parking lot and began cooking 100 pizzas divided between pepperoni and cheese. Two pieces of piping hot pizza were served to each individual. Three members from the 1st Thursday Stewpot Team offered bottle water to go along with the pizza. The team opted out of serving cookies because of the rain.



Ced & ED



Ken





Get Your Pizza Here!



Get Your Water Here!

Clothes Closet

*"I needed clothes and
you clothed me."*

Matthew 25:38

Clothes Closet Update

The Clothes Closet is so very appreciative of all of the wonderful donations we have received in the past few months!!! It is getting closer to summer every day.....and that means we are needing more warm weather clothes. We also really need men's athletic shoes very badly! Toothpaste and razors are getting to be in short supply. We thank everyone for all that they have done to enable the Clothes Closet to help our less fortunate neighbors!!

Stewpot Holidays

New Year's Day

Martin Luther King Day

Good Friday

Memorial Day

Independence Day (4th of July)

Labor Day

Thanksgiving

Friday after Thanksgiving

Christmas Eve

Christmas Day

**Does Your Team need Additional
Workers**



If you are a Captain of a Stewpot Team and need additional workers for your team (either temporary or permanent), please contact Jan Van Ness (by telephone 680-3739 or email jvanness8@gmail.com).

Stewpot Video

To See a short video about the Stewpot, click on the photo below.



Little Rock Stewpot

Make a Donation to Stewpot



Your donations to The Stewpot have helped us feed the hungry for the past 40 years. Thanks to your support, we are able to supplement our allocations

from Potluck, Rice Depot and other food banks with needed milk, canned and fresh food

Please send your donations to The Stewpot - Little Rock, 800 Scott Street, Little Rock, AR 72201.

Check out our Website

<http://stewpot-littlerock.org>

Stewpot, First Presbyterian Church, 800 Scott Street, Little Rock, AR 72201

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